



South Bay Cruising Club

From The Masthead

Vol. 56 Issue 3

April 2006

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From the Helm

Bob Van Tassel

I can't stop buying sailboats! A couple of months ago after discovering E-Bay, I saw a 16' sailboat for sale that I recognized as a "Wayfarer" class, a very seaworthy and popular English design. I immediately rationalized that it would be great to have this boat to day-sail on the Bay and made a low bid, promising myself not to go above my maximum. You know the rest of the story, the bidding went up and I had another boat. So Peggy and I made a great day of driving to Point Judith, R.I. to get the boat, lurching in Galilee and stopping at the Mystic Seaport Stores. The new boat was already doing what all boats do, breaking the Budget! Of course this has continued with the purchase of a small outboard (E-Bay again) and safety gear, not to mention the boat slip. As I look out my back door at **WINDQUEST**, the new boat, two sailing dinks and an inflatable I figure you can never have too many boats. All I need is more time!

While not messing around with the Van Tassel fleet I have been attending committee meetings and putting my "two cents" in on the discussions, which is usually received politely, but often quickly rejected. Last week I was asked what I was doing at a meeting. My response that I am the Commodore did not seem to carry much weight, the very capable committee not really needing my years of wisdom!

I am pleased to report that the Year Book has been submitted to the printer and should be available at our spring cocktail party, the budget process has been completed, Regatta has held a successful skippers meeting, the Hospitality committee has their plans well in hand with their first party on April 22nd and our General meeting and Cruise Award dinner was well attended. Thanks to everyone who makes these things happen.

From the Masthead
 The monthly publication of
 South Bay Cruising Club
 PO Box 365
 Babylon, NY 11702
 sbccsail.org
 BoatUS # GA83761S

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From the Fleet Captain

Dave Tedesco

Thank you to all who attended the Cruising Awards Dinner Sunday, March 19. The event was a great success. Dennis Krug completed his final duty as Fleet Captain from 2004-2005 by putting together a great program to present the awards. He also did some fun things with musical boat themes! Frank Peter, Program Chair, was responsible for finding us room at Captain Bill's and for arranging a wonderful spread of delicious food! Rich Troy arranged for a guest speaker from the South Shore Estuary Reserve, and Matt DeMarco gave us an update on the Pump out Boat initiative the Club has been so active in. And how about those fantastic photos Mike Duffy took, which were raffled off? Thank you to everyone else who had anything to do with making the night such a great success!!

IMPORTANT CRUISE NOTICE - DATE CHANGE!!

Here is an important update on the planned trip to Martha's Vineyard. Since the July 4th weekend is a four-day weekend this year, we have very little chance of getting moorings and dock space anywhere. The Town of Edgartown mooring field in Martha's Vineyard is completely sold out from July 1 to July 4. Moorings in Newport and Cuttyhunk are on a first-come, first-serve basis. So instead of meeting at Sore Thumb on Friday, June 30, we will meet Friday, July 7 at Sore Thumb (for those going Outside) and then we'll depart Fire Island Inlet on Saturday, July 8. We will sail for the next two weeks, returning on or about July 23. This will allow us to stop at Block Island on the way out and spend a lay day there before heading to Cuttyhunk and Martha's Vineyard. We may also stop at Newport and Wood's Hole. I'm still formulating the itinerary, and I'm trying to space out the long travel days. But I'm told the trip is definitely worth it. I'm looking into locating provisioning places, as well as also getting the 'scoop' on ice cream eateries for me and CB!! Since nobody has


volunteered to do a one-week or three-week extended cruise, I'm concluding that everyone wants to go to the Vineyard! If you are interested in this cruise, or even just the slightest bit curious, please send me a quick e-mail to my new e-mail address at capt1@optonline.net. I plan on finalizing the itinerary within the next couple of weeks. I will create an e-mail list of those interested, so I can send out the itinerary as well as contacts for mooring and/or slip reservations. If you're not on my list, you won't know what's going on until the May Masthead.

Speaking of extended cruises, Parker and Debbie Revella will be heading to the Chesapeake in July for 3-4 weeks. This will not be an official SBCC-sponsored cruise, but Parker has opened the door for anyone to contact him for information about cruising these waters. He has also graciously extended an invitation for any other boats to accompany him and his First Mate, who will be aboard their 42 foot Pearson, *De Ja Vu II*.

Please note my new e-mail address which I mentioned above, which is effective immediately. It's capt1@optonline.net. I'd like to share a website with you all which Ed & Helen Pshedesky showed me, called Google Earth. Just go to Google.com to find it. It's a geographic information system (GIS) of the entire earth, taken from space. You can zoom in to about 100 feet with good clarity, and then you can also 'tilt' the view, as if you are flying along. I zoomed in on Fire Island Inlet, and found that it was useful for seeing many features of the shoreline as well as the water, including shallow areas. Plus, you can see your house, too!

Lastly, I still have the rendezvous scheduled for Saturday, July 8 open. If anyone is interested in hosting this rendezvous, please e-mail me or call me at 631.277.3760

...because it's all about sailing!

Dave 

From the Regatta Captain

Aileen Eppig

The SBCC Skipper's Meeting on March 28, was attended by approximately 75 people. Presentations included Bill Grauer on Handicap, Dick LaBella on Race Management, Barry Pittman on the Future of Racing and Mike Duffy on Scoring as well as an animated Starting Sequence Video by Harry Manko showing the starting system that is used by sailors around the world. Class Streamers that will give everyone a clean new streamer to fly and be legally identifiable were also available.

I am putting together an email list to announce events for racing, weather problems in regard to races, race results, race committee changes etc. If you would like to join this list, please email me at brokher759@aol.com

Racing will start early in May. Get your boats ready as we will have lot of sunlight to sail in each evening. The first twilight event is a little different this year. Bill Grauer will be hosting a series of starts or a tune up race. The Twilight Series races will start on May 16 in Bay Shore and May 18 in Babylon. The weekend races will be three short races again to tune us up. This will be Saturday, May 20 off Bay Shore.

Get prepared, finish cleaning up your boats and come out racing. This will be a fun year for racing.

Aileen Eppig 🏆

GSBYRA

John Davis

The Great South Bay Yacht Racing Association defines itself as *people of all ages socializing, sailing, racing, working, and having fun together, assisting each other, and volunteering to lead Great South Bay into the future*. I believe it is accurate to say that if it were not for the GSBYRA, there would not be any one-design racing on the bay.

We depend on the success of the organization to keep club racing alive by involving young sailors and their families along the south shore. In order to maintain that goal for their first 100 years and into the twenty-first century, the GSBYRA adjusts to the changing needs of member clubs on a recurring basis. Thanks to the hard work of a special *By-Laws Committee*, the Executive Committee is now considering, and expected to approve, changes in the by-laws regarding membership. The proposed changes will broaden the membership base in order to be more inclusive. The GSBYRA realizes that its continuing survival depends on combining a willingness to change with a vision of the future.

As we enter the 2006 sailing season, the GSBYRA will announce plans for their centennial celebrations. On May 19, the Spring Dinner will be held at Moriches Yacht Club and Sayville Yacht Club will host Race Week July 27 through July 30. For all the details, check the website at www.gsbyra.org

You can reach your GSBYRA delegate at Jdavisfly@aol.com or (631) 422-2242

Hospitality

Flori Grottoli

Wilkommen! *Benvenuto!* **Welcome!** *Benvenuti!* **Valkomna!**

However you say it take a break from boat work and join us for the Annual Spring Cocktail Party to be held at Bay Shore Yacht Club on Saturday, April 22 from 4 - 7 PM.

The committee will be serving delicious delectables throughout the evening accompanied by fine Italian wines and good beer, all ending with scrumptious homemade desserts! So make your reservations early, and if you reserve no later than Wednesday, April 19, 2006 you will pay only \$19 or \$22 at the door. Please remember all reservations are a commitment.

Please mail all checks, payable to SBCC, to Flori Grottoli at 14 Sequams Lane West, West Islip, NY 11731. Or you can contact me at 587-2078 or cavalieri@mindspring.com

While we will make an effort to accommodate everyone, please be aware that space is limited due to contractual restrictions.

As always, Hospitality's goal is to provide our members with good food and a great time, but at a reasonable price. In order for us to do this, we need members to help with different things such as shopping, baking, cleaning, serving, etc. If you'd like to participate in some way, please call me and we'll discuss how you'd like to help make it a great party!

Welcoming New Members

Marion & Don Metznik

The following new associates were voted in at the last board meeting:

Jeremy & Nicole Arntz, sailing *Siamese Dream*

Tim & Doreen Freund sailing *Friendly Persuasion*

Please welcome them. ☺

From the Fleet Surgeon

Jennifer DeMarco, DO

HYPOTHERMIA

As we enter the spring sailing season, it's a good time to review basic first aid information on hypothermia. Current water temperatures at this time of year on the bay and on the ocean range from the high 30's to low 40's. Hypothermia occurs when the body's core temperature drops by more than 2 to 3 degrees Fahrenheit. When you are exposed to water this happens quickly. Water conducts the heat away from the body 25 to 30 times faster than air, making it a serious concern if a crew member falls overboard. In water temperatures such as these, exhaustion and unconsciousness can occur in 15 minutes, and death can occur within 30 minutes. The most susceptible to hypothermia are children and the elderly.

Symptoms of hypothermia include confusion, slurred speech, and lethargy. A person remaining in the water will become unconscious, the heart and respiratory rates will slow, and eventually stop.

What to do if you find yourself in the water:

Assume the **HELP** (Heat Escape Lessening Position) or **Huddle** position: Cross arms over chest and in close to your body, pull legs up to groin, and move as little as possible; this can double your survival time. If more than one person is in the water assume a huddle, getting in as close as possible, and remain still to prevent cold water from coming in. These positions will work best only if the person is wearing a lifejacket.

Swimming causes heat to be lost 35% - 50% faster. If your boat is capsized, it is best to stay with the boat and get your body out of the water as much as possible, unless a swim to safety is very short.

What to do if you rescue someone with hypothermia:

Call for medical assistance if it looks serious. Remove wet clothing and wrap them, including their head in warm blankets. Add heat, an external source like a fire or lying next to a person of normal temperature. If conscious, give warm liquids to drink, preferably something with sugar in it, but not coffee. Coffee is a diuretic and by causing water loss it increases dehydration. Avoid alcohol, which will further heat loss via vasodilatation.

Remember to always wear a personal floatation device, practice Man Overboard drills with your crew and most of all, **stay out of the drink.**

SOUTH BAY CRUISING CLUB BOARD CORRECTIONS/UPDATES

COMMITTEE CHAIRS

Fleet Captain	Dave Tedesco	capt1@optonline.net
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From the Archives

Tom Gotard

Many readers have requested we take a look back to some previous Club "news". Historian Tom Gotard found these from the June, 1967 issue of The **Masthead**

WORLD PREMIER
SALTY SAM AUCTION

Dinghys - Fittings - Blocks - Winches - Sails - other items of inestimable value offered by the SBCC Skippers to highest bidder.

This is the chance of a lifetime to unload valueless junk for cash.

Search your bilges, lockers, and garage, and bring your surplus goodies to Bay Shore Yacht Club on Saturday, May 13, 1967 at 3:00 P.M. where experienced auctioneers will get you top dollar.

TERMS: You net 90% of sale price. 10% auction charge to SBCC

All Sales Final! C I F (Cash in Fist)

You must take your purchase with you.

Contacts for the auction were Bud Rosenberg & Boyd Max. I think I remember Boyd being the auctioneer. Ed.

The auction was followed by the Spring Cocktail Party & Buffet

Where: Bay Shore Yacht Club
When: Saturday, May 13, 1967
Time: After Salty Sam Auction
Menu Hot Clam Chowder & Buffet, Set Ups & Ice Provided, BYOB

And from John Beinert, "Captain Joe Hack has completed drawings for the new gin pole to be erected at the new Shinnecock Canal. One pole will be located in the marina at the north end of the canal, and away from the usual wash. It is hoped that the southerly pole will be set in one of the private marinas. Some changes have taken place in the County Administration and Charles Dominy is now in charge in stead of Mr. Kammerer. It is not expected that this will make any difference in the way the work will proceed."

In Memoriam

Jerry Holwell has informed me of the passing of his uncle, Frank Holwell, skipper of *Manana*, who joined the club in 1955. We send our condolences to Jean and the rest of his family.

Continued from Page 1

Since the formation of the SBCC in 1951, the club has enjoyed a strong and active membership. The club grew rapidly in the early years to just shy of 500 members in the 70's. The statistics of that era are quite amazing with 375 people attending the Blast, 90 boats on a cruise and over 100 SBCC boats at Operation Sail in NYC.

Today we are challenged with a slowly declining membership. There are many reasons for this, people are sailing or moving away, boats are sold and family life styles change. If the SBCC is to continue to provide the extensive sailing program we currently enjoy we must reverse this trend and rebuild our membership for the future. I solicit everyone's help in this effort.

This past weekend 20 of our members manned a table at the West Marine Tent Sale in West Islip from 8 a.m. to 9 p.m. Thursday through Sunday. Frank Peter

provided the organization, made up some great hand outs describing the club and provided discussion points for our representatives. Mike Duffy provided a great collage of photographs of Club activities. The SBCC Cruising Guide and past year books also available to look at.

As a result of this effort we met with 14 new prospective members and 7 people who indicated a desire to crew. This is a great start and we will be following up with each of these prospects. Thanks to all who worked to make this a success.

We would like to repeat the success we had at West Marine at other events. Please call or e-mail me with your suggestions.

I just heard a knock on the door, the new 4.5' model of the "America" I ordered on E-Bay just arrived. I really have to stop buying boats!

See you at the Spring Cocktail Party.

Bob 

Ship's Store

Sue Montana

SBCC Historian, Tom Gotard, has advised me that in 1967 the ticket price for the Spring Party was \$2 (and BYOB). In the spirit of reminiscence, SBCC ties will be on sale for a special price at the Spring Party and Commissioning Day. Contact the Storekeeper if you can't wait, or if there are other SBCC items you are interested in purchasing (unfortunately, at 2006 prices)

thesuemt@optonline.net, or phone 631/567-7028.

Flotsam & Jetsam

The Editor

Just a couple of items.

- Tom Gotard keeps me well-stocked with historical items as well as current events - **West Marine's Bargain Attic**, formerly in Babylon has moved to the Huntington store which is located on Jericho Turnpike, west of Route 110. The entire store consists of bargains and is open Thursday through Sunday.
- As a librarian I get notifications of new, interesting web sites. If you're frustrated by not finding any sailing news in the papers, try **Sail.tv**. This is a UK-based, FREE service, streaming all kinds of sailing information. Remember, as a stream you have to watch what they're airing, the nice part is they have a very good line up on their home page.
- Fleet Captain Dave Tedesco mentioned the Google GIS site - these pictures are fantastic, however, you should be aware Google advises, "Our images are photographs taken by satellites and aircraft sometime in the last three years."
- The Commodore has advised me that the Club has renewed its membership in BoatUS - use the number, found on the front page of this issue, for half price membership and other services. More information in next month's **Masthead**.
- Atlantic Highlands Yacht Club (NJ) has extended privileges of its clubhouse and anchorage to SBCC flag officers, members & guests.
- The Club received a long letter from Pearce & Kay Baker updating us on their grandson, Jason, son of Jon Baker. He is married, living in West Babylon and is a Port Marine Engineer for Bouchard Transportation and Coastwise Management. I would be happy to share the entire letter with you, just contact me.



Governor Joyce Gotard and Historian Tom Gotard (*Silhouette*) at the Cruising/Rendezvous Awards Dinner

Photo courtesy of Mike Duffy



“Forkers Cruise” Co-Captains - Jerry & Jean Holwell (*Galatea*) and Barbara and Charlie Becker (*Becky*) at the Cruising/Rendezvous Awards Dinner at Capt. Bill’s

Photo courtesy of Mike Duffy



THE WINNERS - Sharing the Sheila Daytz Trophy for attending the most rendezvous are Nancy Sherman (*Miss Liberty II*) and Rich & Sue Troy (*Fun Sway*). Behind them are Past Commodore John Davis and Past Fleet Captain Dennis Krug.

Photo courtesy of Bob Bennett



Commodore Bob Van Tassel (*WINDQUEST*), winner of the Blue Water Cruising Award and just a few of his friends who helped on the voyage. From left, Jeff Mattera, Claudio Grottoli, Bob, Peggy Hackett, Aileen Eppig and Flori Grottoli

Photo courtesy of Bob Bennett

HIGHLIGHTS OF THE SPEECH OF MAUREEN DOLAN MURPHY BEFORE THE SBCC ON MARCH 19, 2006

The CAC is a diverse group of dedicated stakeholder organizations and individuals, all concerned about the Great South Bay. To date we have 23 members. There are cruising clubs, environmental organizations, civic organizations, baymen and fishing organizations, and even a high school student organization. These organizations are not normally known to work together. Yet every 2 months they convene in a room (and don't leave killing each other) with the same goal in mind - to protect and restore this great, historical water body.

The South Shore Estuary Reserve consists of the Great South Bay and the tributaries that feed into it. This area supports the largest concentration of water dependent businesses in the state. Over 3,000 businesses and 30,000 people depend on the 173 square miles of bays, tidal marshes, and wetlands. But the importance of the Reserve is not just economics. The Reserve is part of our culture, part of our history, and an extension of our backyard. It is place close to our hearts. It is this bond that links the CAC members together.

The South Shore Estuary Reserve Comprehensive Management Plan (CMP), signed into law in 1993, acts as a blueprint for the long-term health and restoration of the Reserve. However, The CAC wasn't created with the CMP... the CAC helped to create the CMP. It is a wonderful example of individuals and groups inspiring government to take action. It was the overwhelming public voice saying that something needs to be done to protect and restore the Reserve that inspired the legislation and ultimately created this plan.

It is the CAC today that oversees and assists in the implementation of this plan. It is the CAC that gives the public a voice. Let me share with you some of the CAC recent projects.

Members of the Citizens Advisory Committee recognized that there are many individuals and groups that work to protect and restore the Reserve. In the fall of 2003 the CAC set up a subcommittee to launch the Stewardship Award Program.

The South Shore Estuary Reserve Stewardship Award program is designed to recognize citizens or organizations that have made significant contributions to the improvement of the estuary. The first ever Stewardship award was awarded in September 2005. This first award was presented to Bill Hamilton, a local bayman and member of the Brookhaven Bayman's Association, in recognition of his contributions to Bluepoint's Bottomlands/ Great South Bay Restoration efforts. Specifically, he has helped the Nature Conservancy stock over 480,000 adult hard clams.

We are currently in the process of accepting 2006 nominations forms. Please recommend individuals or groups that you know who are making a difference in the protection of the Reserve. The application can be found on the SSER website.

Another project the CAC has recently been involved in is addressing the declining water quality of the Western Bays. It is the user groups and the public that bring light to rising problems throughout the water body. In this case, SPLASH, a member of the Citizens Advisory Committee, raised their concerns about the declining water quality of the western bays. Since then, for the first time, the Town of Hempstead, the Department of Environmental Conservation, and the County of Nassau are talking to each other about what is happening.

One of the newest projects the CAC has been involved in, is one that the SBCC has brought to our attention - the need to increase mobile pump-out boats in the Great South Bay. Rich and Joel and many of you have been involved in this important and necessary campaign. This campaign again documents that citizens are needed to advocate for change and to ensure the health of our waters.

The CMP is a great blueprint to protect and restore the Reserve, but without actions from groups such as the SBCC the document is not as valuable. The diverse members of the CAC are actively ensuring the plan's recommendations are implemented, bringing emerging problems to light, and guaranteeing that the public voice is heard.

Over The Bowsprit

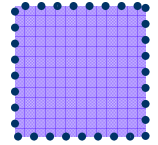
Be sure to mark your calendars for upcoming club events in April and May

April

- 22 - Spring Cocktail Party, Bay Shore Yacht Club, 4 - 7 PM
- 21 - Deadline for May **Masthead**
- 24- SBCC Board Meeting, West Islip Public Library, 1930
- 29 - Rendezvous Davis Park **Vixen** Peter

Sun	Mon	Tue	Wed	Thu	Fri	Sat
May	1	2	3	4	5	6 Rendezvous Unqua Heading Mistress
7	8	9	10	11 Pre Season Tune up Starts & Races 1930 Babylon A-I <i>Grauer</i>	12	13 Beach Party! Atlantique One More Time
14	15	16 Bay Shore Twi Spring 1 1930 No Spin 2,11 Bay Shore A-Q <i>Penny</i>	17	18 Babylon Twi Spring 1 1930 Reg 2.11 Babylon A-I <i>Einsetler</i>	19 Deadline for June Masthead	20 Rendezvous Bellport Kariana Short Races 1200 Reg 2,11 Bay Shore A-Q <i>Grauer</i>
21	22 SBCC Board Meeting West Islip Public Library 19:30	23 Bay Shore Twi Spring 2 1930 No Spin 2,11 Bay Shore A-Q <i>Bogdan</i>	24	25 Babylon Twi Spring 2 1930 Reg 2,11 Babylon A-I <i>Fifield</i>	26	27 New Members Rendezvous Connetquot River Silent P
28 Rendezvous Willetts Creek Chillin	29 Commissioning Day Babylon Yacht Club - Hospitality Creepstakes 1100 Crpstks 1,5,10 Babylon A-I <i>Eppig</i>	30 Bay Shore Twi Spring 3 1930 No Spin 2,11 Bay Shore A-Q <i>Bieselin</i>	31			

FROM THE MASTHEAD
Belle Baxter
Corresponding Secretary
28 Shore Road
Babylon, NY 11702



The Rigging Locker

Wanted - Docking space in the vicinity of Sayville Yacht Club for the Commodore's Cup and GSBYRA Race Week. Please contact Aileen Eppig at brokher759@aol.com⁽⁵⁾

Wanted - Crew for an Alerion 28. Skipper is looking for a sailor who can set up a spinnaker as well as sailors for weekend races, no evening races. "There is no yelling. We have been quiet losers. Historically, I did quite well. I am now 85 yrs. My prior crew is no longer with me. I can be reached in Florida until late May. My telephone there is 941 383 4444. In New York my telephone is 631 968 4455. E-mail in both places is "thefundchap@aol.com"⁽⁵⁾

For Sale: *Painkiller* - a well-maintained 1988 Hunter 26.5 - 3-1/2 foot draft with Wing Keel; with a 1998 Suzuki 4-stroke 9.9 HP long shaft electric start motor with alternator; 110 & 150 jib; Roller Furler; Battened Main; New Depth/Fish Finder (Not Installed); Dodger with Sun Awning; Single Burner Alcohol Stove; Sink with Foot Pump; Charcoal Bar-b-Que; Hard Dinghy & 2.5 hp outboard. A great little fast cruiser! All sails washed & maintained yearly by Sailor's Choice.

Price: Asking \$12,000

Contact: Dave & June Tedesco at (631) 277-3760; capt1@optonline.net⁽⁵⁾

Listings in The Rigging Locker are for nautical items for sale by **SBCC MEMBERS ONLY**. Ads will run for 3 months only unless an extension is requested. Send the written advertisement by mail to:

Belle Baxter
28 Shore Road
Babylon, NY 11702

Or email to: belbaxt@suffolk.lib.ny.us